

Pilates For Life Privacy Notice

This privacy notice discloses the privacy practices for <https://www.inspiredbypilates.com>.

This privacy notice applies solely to information collected by this website. It notifies you of the following:

1. We don't collect personally identifiable information when visiting our website

When a website visitor fills information on a form; that information will *never* be shared with a third party.

Unless you ask us not to, we may contact you via email in the future to tell you about specials, new products or services, or changes to this privacy policy.

You have Access and Control Over Your Information

You may opt out of any future contacts from us at any time. You can do the following at any time by contacting us via the email address or phone number given on our website:

Security

We take precautions to protect your information. When you submit sensitive information via the website, your information is protected both online and offline.

If you have questions about our privacy policy, you may contact us via telephone at 860-227-5790 or pilates-info@inspiredbypilates.com